

British and Irish Masters Cross Country International 2022 - 12 Nov 2022

Address: Venue Unspecified
 Date of event: 2022-11-12
 Organiser: BMAF Services Limited
 Contact Name: Peter Kennedy
 Contact Email: pkennedy@bmaf.org.uk
 Competition Type: CROSSCOUNTRY

Results by Category

This report only shows finishers (excludes DNF, DNS and DQ)

1 Race 1:W65+, M65+ - 2022-11-12

M65

| Position | Name | Age | Team | Performance |
|----------|------------------|-----|---|-------------|
| 1 | Alastair Walker | M65 | Scottish Veteran Harriers Club | 20:44 |
| 2 | Joe Gough | M65 | Ireland | 22:46 |
| 3 | Jonathan Haynes | M65 | Eastern Masters AC | 22:49 |
| 4 | Eugene Moynihan | M65 | Ireland | 22:54 |
| 5 | Graham Jones | M65 | Welsh Masters Athletics Limited | 23:00 |
| 6 | David Bedwell | M65 | Midland Masters AC | 23:02 |
| 7 | David Butler | M65 | Eastern Masters AC | 23:07 |
| 8 | Kevin Newman | M65 | Northern Masters AC | 23:16 |
| 9 | Martin McDonald | M65 | Ireland | 23:28 |
| 10 | Edward Walsh | M65 | Ireland | 24:25 |
| 11 | Alastair Dunlop | M65 | Scottish Veteran Harriers Club | 24:27 |
| 12 | Gerry O'Doherty | M65 | Northern Ireland Masters Athletic Association | 24:43 |
| 13 | Graham McGrattan | M65 | Scottish Veteran Harriers Club | 24:46 |
| 14 | Andy Law | M65 | Scottish Veteran Harriers Club | 24:50 |
| 15 | Peter Gray | M65 | Northern Ireland Masters Athletic Association | 24:55 |
| 16 | Dave Watson | M65 | Welsh Masters Athletics Limited | 25:23 |
| 17 | Ray Curran | M65 | Northern Ireland Masters Athletic Association | 26:45 |
| 18 | Philip O'Neill | M65 | Northern Ireland Masters Athletic Association | 27:02 |
| 19 | Cyril Williams | M65 | Welsh Masters Athletics Limited | 27:17 |

M70

| Position | Name | Age | Team | Performance |
|----------|-----------------|-----|--------------------------------|-------------|
| 1 | Anthony Martin | M70 | Fife AC | 23:11 |
| 2 | Andrew McLinden | M70 | Scottish Veteran Harriers Club | 24:47 |

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|----|-------------------|-----|---|-------|
| 3 | Alex Sutherland | M70 | Scottish Veteran Harriers Club | 24:58 |
| 4 | Ed Norton | M70 | Scottish Veteran Harriers Club | 25:00 |
| 5 | Martin Kerr | M70 | Ireland | 25:38 |
| 6 | Brian Stewart | M70 | Northern Ireland Masters Athletic Association | 25:46 |
| 7 | Martin Cortvriend | M70 | Welsh Masters Athletics Limited | 25:53 |
| 8 | Terry Eakin | M70 | Northern Ireland Masters Athletic Association | 26:01 |
| 9 | Brian McBride | M70 | Ireland | 26:06 |
| 10 | Don Powell | M70 | Southern Counties Veterans AC | 26:22 |
| 11 | Patrick Rocks | M70 | Northern Ireland Masters Athletic Association | 26:31 |
| 12 | Desmond Michael | M70 | Southern Counties Veterans AC | 26:43 |
| 13 | Ernest Hall | M70 | Northern Ireland Masters Athletic Association | 26:50 |
| 14 | Alan Daghish | M70 | Eastern Masters AC | 26:51 |
| 15 | Barry Potts | M70 | Ireland | 27:36 |
| 16 | David James | M70 | Midland Masters AC | 27:57 |
| 17 | Michael Davies | M70 | Welsh Masters Athletics Limited | 29:53 |
| 18 | Patrick Sweeney | M70 | Ireland | 36:08 |

M75

| Position | Name | Age | Team | Performance |
|----------|-----------------|-----|---|-------------|
| 1 | Peter Giles | M75 | Veterans AC | 26:21 |
| 2 | Gerry Lynch | M75 | Northern Ireland Masters Athletic Association | 26:26 |
| 3 | Mick Casey | M75 | Northern Masters AC | 26:51 |
| 4 | Norman Baillie | M75 | Scottish Veteran Harriers Club | 27:10 |
| 5 | Robert Young | M75 | Scottish Veteran Harriers Club | 27:20 |
| 6 | Geoff Newton | M75 | Southern Counties Veterans AC | 28:13 |
| 7 | Richard Bloom | M75 | Veterans AC | 28:35 |
| 8 | Sean McMullin | M75 | Ireland | 28:40 |
| 9 | Barrie Parham | M75 | Welsh Masters Athletics Limited | 28:42 |
| 10 | Michael Kiely | M75 | Ireland | 28:55 |
| 11 | Richard Mullins | M75 | Ireland | 29:00 |
| 12 | Joseph Stewart | M75 | Ireland | 31:16 |
| 13 | Pete Cartwright | M80 | Scottish Veteran Harriers Club | 31:20 |
| 14 | Jim Scobie | M80 | Scottish Veteran Harriers Club | 31:44 |

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|----|-------------------|-----|---|-------|
| 15 | Paul Allen | M75 | Welsh Masters Athletics Limited | 31:45 |
| 16 | Gareth Hughes | M75 | Welsh Masters Athletics Limited | 31:46 |
| 17 | Tony Gray | M75 | Northern Ireland Masters Athletic Association | 31:46 |
| 18 | Jim Platt | M80 | Northern Ireland Masters Athletic Association | 32:21 |
| 19 | William McCracken | M75 | Northern Ireland Masters Athletic Association | 34:06 |
| 20 | Dic Evans | M75 | Welsh Masters Athletics Limited | 34:25 |

W65

| Position | Name | Age | Team | Performance |
|----------|----------------------|-----|---|-------------|
| 1 | Pauline Moran | W65 | Ireland | 25:15 |
| 2 | Jane Kidd | W65 | Scottish Veteran Harriers Club | 25:42 |
| 3 | Isobel Burnett | W65 | Scottish Veteran Harriers Club | 26:16 |
| 4 | Sue Haslam | W65 | Northern Masters AC | 26:20 |
| 5 | Majella Diskin | W65 | Ireland | 26:55 |
| 6 | Margaret Martin | W65 | Fife AC | 27:27 |
| 7 | Noreen Bonner | W65 | Ireland | 27:36 |
| 8 | Innes Bracegirdle | W65 | Scottish Veteran Harriers Club | 28:53 |
| 9 | Fiona Davies | W65 | Welsh Masters Athletics Limited | 29:01 |
| 10 | Lorraine DGLISH | W65 | Eastern Masters AC | 29:20 |
| 11 | Carmel MacDomhnaill | W65 | Ireland | 29:21 |
| 12 | Sara Anne Ellen | W65 | Eastern Masters AC | 29:53 |
| 13 | Tricia Hirst | W65 | Welsh Masters Athletics Limited | 30:00 |
| 14 | Andrea Webster | W65 | Welsh Masters Athletics Limited | 30:02 |
| 15 | Liz Turton | W65 | Northern Ireland Masters Athletic Association | 31:45 |
| 16 | Bernadette McGrillen | W65 | Northern Ireland Masters Athletic Association | 34:39 |

W70

| Position | Name | Age | Team | Performance |
|----------|------------------|-----|--------------------------------|-------------|
| 1 | Eileen Kenny | W70 | Ireland | 27:07 |
| 2 | Margaret Glavey | W70 | Ireland | 27:18 |
| 3 | Jeanette Craig | W70 | Springburn Harriers | 27:23 |
| 4 | Mary Lynch | W70 | Ireland | 27:35 |
| 5 | Yuko Gordon | W70 | Eastern Masters AC | 27:44 |
| 6 | Linden Nicholson | W70 | Scottish Veteran Harriers Club | 28:17 |

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|----|-------------------|-----|---|-------|
| 7 | Angela Copson | W75 | Midland Masters AC | 29:26 |
| 8 | Phyllis Browne | W70 | Ireland | 31:10 |
| 9 | Ann D'Albuquerque | W70 | Welsh Masters Athletics Limited | 32:03 |
| 10 | Pauline Rich | W75 | Veterans AC | 34:44 |
| 11 | Maddy Collinge | W70 | Midland Masters AC | 35:31 |
| 12 | Margaret Oliver | W70 | Welsh Masters Athletics Limited | 36:20 |
| 13 | Anne Docherty | W75 | Scottish Veteran Harriers Club | 36:37 |
| 14 | Wendy Forsythe | W70 | Northern Ireland Masters Athletic Association | 38:10 |

W75

| Position | Name | Age | Team | Performance |
|----------|--------------|-----|---|-------------|
| 1 | Brigid Quinn | W75 | Northern Ireland Masters Athletic Association | 35:52 |

2 Race 2: W35-W60 - 2022-11-12

W35

| Position | Name | Age | Team | Performance |
|----------|---------------------|-----|---|-------------|
| 1 | Sinead O'Connor | W35 | Ireland | 20:23 |
| 2 | Fiona Santry | W35 | Ireland | 20:39 |
| 3 | Jennifer Wetton | W35 | Scottish Veteran Harriers Club | 20:46 |
| 4 | Laura McDonnell | W35 | Ireland | 20:57 |
| 5 | Lucy Marland | W35 | Welsh Masters Athletics Limited | 21:17 |
| 6 | Edel Gaffney | W35 | Ireland | 21:21 |
| 7 | Yvonne McNairn | W35 | Giffnock North AC | 21:26 |
| 8 | Catherine O'Connor | W35 | Northern Ireland Masters Athletic Association | 21:35 |
| 9 | Roanna Vickers | W35 | Southern Counties Veterans AC | 21:45 |
| 10 | Gemma Moore | W35 | Welsh Masters Athletics Limited | 22:16 |
| 11 | Louise Flynn | W35 | Welsh Masters Athletics Limited | 22:37 |
| 12 | Charlene McCallum | W35 | Scottish Veteran Harriers Club | 22:44 |
| 13 | Roseann Spence | W35 | Northern Ireland Masters Athletic Association | 23:08 |
| 14 | Sarah Jane McFadden | W35 | Northern Ireland Masters Athletic Association | 23:16 |
| 15 | Liza Bradshaw | W35 | Midland Masters AC | 23:28 |
| 16 | Rachael Fairclough | W35 | Northern Masters AC | 23:38 |

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|----|--------------|-----|---|-------|
| 17 | Roisin Rocks | W35 | Northern Ireland Masters Athletic Association | 24:04 |
| 18 | Alexis Dodd | W35 | North East Masters AA | 24:23 |

W40

| Position | Name | Age | Team | Performance |
|----------|---------------------|-----|---|-------------|
| 1 | Sara Green | W40 | Scottish Veteran Harriers Club | 20:42 |
| 2 | Juliet Potter | W40 | Midland Masters AC | 21:05 |
| 3 | Dympna Ryan | W40 | Ireland | 21:18 |
| 4 | Fiona Gettings | W40 | Ireland | 21:24 |
| 5 | Elizabeth Renondeau | W40 | Northern Masters AC | 21:39 |
| 6 | Jane Hodgson | W40 | North East Masters AA | 21:40 |
| 7 | Michelle Kenny | W40 | Ireland | 21:46 |
| 8 | Alison Stocks | W40 | Northern Ireland Masters Athletic Association | 22:02 |
| 9 | Rebecca Luxton | W40 | Eastern Masters AC | 22:12 |
| 10 | Katie White | W40 | Scottish Veteran Harriers Club | 22:16 |
| 11 | Gillian McLaughlin | W40 | Northern Ireland Masters Athletic Association | 22:17 |
| 12 | Kate O'Neill | W40 | Ireland | 22:28 |
| 13 | Gillian Blee | W40 | Scottish Veteran Harriers Club | 23:00 |
| 14 | Tanya Cumming | W40 | Northern Ireland Masters Athletic Association | 23:06 |
| 15 | Helen Sharpe | W40 | Welsh Masters Athletics Limited | 23:10 |
| 16 | Georgie Parnell | W40 | Welsh Masters Athletics Limited | 23:13 |
| 17 | Laura Devine | W40 | Northern Ireland Masters Athletic Association | 23:29 |
| 18 | Anne Hartmann | W40 | Scottish Veteran Harriers Club | 23:34 |
| 19 | Wendy Price | W40 | Welsh Masters Athletics Limited | 23:56 |
| 20 | Llinos Jones | W40 | Welsh Masters Athletics Limited | 24:15 |

W45

| Position | Name | Age | Team | Performance |
|----------|--------------------|-----|--------------------------------|-------------|
| 1 | Natasha Adams | W45 | Ireland | 21:14 |
| 2 | Claire Mccarthy | W45 | Ireland | 21:25 |
| 3 | Carol Parsons | W45 | Scottish Veteran Harriers Club | 21:26 |
| 4 | Christine Lathwell | W45 | Eastern Masters AC | 21:47 |
| 5 | Claire Martin | W45 | Midland Masters AC | 21:50 |
| 6 | Caroline Donnellan | W45 | Ireland | 22:11 |
| 7 | Sarah Jane Murphy | W45 | Northern Masters AC | 22:17 |

| | | | | |
|----|--------------------|-----|---|-------|
| 8 | Katrine Kelly | W45 | Scottish Veteran Harriers Club | 22:19 |
| 9 | Zoe Quinn | W45 | Ireland | 22:19 |
| 10 | Avril Mason | W45 | Scottish Veteran Harriers Club | 22:27 |
| 11 | Lisa Palmer-Blount | W45 | Midland Masters AC | 22:34 |
| 12 | Mary Senior | W45 | Scottish Veteran Harriers Club | 24:11 |
| 13 | Geraldine Quigley | W45 | Northern Ireland Masters Athletic Association | 24:57 |
| 14 | Patricia Blair | W45 | Northern Ireland Masters Athletic Association | 25:07 |
| 15 | Judith Buchanan | W45 | Northern Ireland Masters Athletic Association | 25:08 |
| 16 | Joanne Rees | W45 | Welsh Masters Athletics Limited | 25:15 |
| 17 | Julie Wilson | W45 | Northern Ireland Masters Athletic Association | 25:32 |
| 18 | Jane Doughton | W45 | Welsh Masters Athletics Limited | 25:46 |
| 19 | Melina Morris | W45 | Welsh Masters Athletics Limited | 26:04 |

W50

| Position | Name | Age | Team | Performance |
|----------|-----------------|-----|---|-------------|
| 1 | Annette Kealy | W50 | Ireland | 21:52 |
| 2 | Elisoa Crawford | W50 | Northern Ireland Masters Athletic Association | 22:02 |
| 3 | Breda Gaffney | W50 | Ireland | 22:16 |
| 4 | Cleo Perry | W50 | South West Veterans AC | 22:23 |
| 5 | Allie Chong | W50 | Giffnock North AC | 22:40 |
| 6 | Carmel Crowley | W50 | Ireland | 22:49 |
| 7 | Marie Johnston | W50 | Ireland | 22:57 |
| 8 | Sharon Dixon | W50 | Northern Masters AC | 23:09 |
| 9 | Ann MacPhail | W50 | Scottish Veteran Harriers Club | 23:16 |
| 10 | Anna Critchlow | W50 | Veterans AC | 23:17 |
| 11 | Mandy Vernon | W50 | Midland Masters AC | 23:29 |
| 12 | Tracy Jenkins | W50 | Welsh Masters Athletics Limited | 24:05 |
| 13 | Shileen O'Kane | W50 | Northern Ireland Masters Athletic Association | 24:11 |
| 14 | Carla Green | W50 | Welsh Masters Athletics Limited | 24:31 |
| 15 | Hilary Carswell | W50 | Scottish Veteran Harriers Club | 25:12 |
| 16 | Sarah Gibson | W50 | Northern Ireland Masters Athletic Association | 25:47 |

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|----|----------------|-----|---|-------|
| 17 | Juliane Keane | W50 | Northern Ireland Masters Athletic Association | 25:53 |
| 18 | Shona Donnelly | W55 | Scottish Veteran Harriers Club | 27:26 |

W55

| Position | Name | Age | Team | Performance |
|----------|------------------|-----|---|-------------|
| 1 | Clare Elms | W55 | Veterans AC | 22:35 |
| 2 | Ana Richardson | W55 | Scottish Veteran Harriers Club | 23:25 |
| 3 | Deborah Rushman | W55 | Northern Ireland Masters Athletic Association | 23:28 |
| 4 | Sara Avery | W55 | Northern Masters AC | 23:40 |
| 5 | Maura Dervin | W55 | Ireland | 24:10 |
| 6 | Sharon Cahill | W55 | Ireland | 24:24 |
| 7 | Susan Ridley | W55 | Scottish Veteran Harriers Club | 24:41 |
| 8 | Julie Wilson | W55 | Scottish Veteran Harriers Club | 24:42 |
| 9 | Donna Evans | W55 | Ireland | 24:49 |
| 10 | Karen Dobbie | W55 | Scottish Veteran Harriers Club | 25:18 |
| 11 | Debbie Griffin | W55 | Ireland | 25:39 |
| 12 | Heather Robinson | W60 | North East Masters AA | 26:06 |
| 13 | Susan Watson | W55 | Welsh Masters Athletics Limited | 26:28 |
| 14 | Jacque Hanmer | W55 | Midland Masters AC | 26:33 |
| 15 | Aine McNeill | W55 | Northern Ireland Masters Athletic Association | 26:48 |
| 16 | Kay Chapman | W55 | Welsh Masters Athletics Limited | 26:51 |
| 17 | Glynis Boyle | W55 | Northern Ireland Masters Athletic Association | 27:32 |
| 18 | Linda Petticrew | W55 | Northern Ireland Masters Athletic Association | 28:21 |

W60

| Position | Name | Age | Team | Performance |
|----------|-------------------|-----|---|-------------|
| 1 | Fiona Matheson | W60 | Scottish Veteran Harriers Club | 23:04 |
| 2 | Niamh O'Sullivan | W60 | Ireland | 23:05 |
| 3 | Monica Williamson | W60 | Midland Masters AC | 24:01 |
| 4 | Carole Page | W60 | North East Masters AA | 24:16 |
| 5 | Mary Slocum | W60 | Northern Ireland Masters Athletic Association | 24:26 |
| 6 | Sue Cordingley | W60 | Northern Masters AC | 24:30 |
| 7 | Yvonne Crilly | W60 | Scottish Veteran Harriers Club | 24:43 |

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|----|--------------------|-----|---|-------|
| 8 | Fiona Usher | W60 | Northern Masters AC | 25:41 |
| 9 | Emma Collins | W60 | Welsh Masters Athletics Limited | 25:58 |
| 10 | Cath Wheeler | W60 | Welsh Masters Athletics Limited | 26:18 |
| 11 | Kathryn Scott | W60 | Scottish Veteran Harriers Club | 27:03 |
| 12 | Mary Browne | W60 | Ireland | 27:07 |
| 13 | Frances Wood | W60 | Scottish Veteran Harriers Club | 27:12 |
| 14 | Liz Robinson | W60 | Northern Ireland Masters Athletic Association | 27:27 |
| 15 | Patricia Brown | W60 | Northern Ireland Masters Athletic Association | 27:45 |
| 16 | June McMinn | W60 | Northern Ireland Masters Athletic Association | 28:07 |
| 17 | Margaret Ludden | W60 | Welsh Masters Athletics Limited | 28:32 |
| 18 | Ann Tobin | W60 | Ireland | 29:17 |
| 19 | Una Winifred Gavin | W60 | Ireland | 29:39 |

3 Race 3: M50-M60 - 2022-11-12

M50

| Position | Name | Age | Team | Performance |
|----------|-----------------|-----|---|-------------|
| 1 | Shane O'Neill | M50 | Ireland | 27:14 |
| 2 | Tim Hartley | M50 | Midland Masters AC | 27:22 |
| 3 | Simon Baines | M50 | Veterans AC | 27:30 |
| 4 | Ben Paviour | M50 | Veterans AC | 27:36 |
| 5 | Tony O'Brien | M50 | Northern Masters AC | 27:51 |
| 6 | Declan Toal | M50 | Ireland | 27:55 |
| 7 | Stephen Duncan | M50 | Ireland | 28:00 |
| 8 | Eamon White | M50 | Northern Ireland Masters Athletic Association | 28:12 |
| 9 | Simon Coombes | M50 | Eastern Masters AC | 28:27 |
| 10 | Stephen Allen | M50 | Scottish Veteran Harriers Club | 28:44 |
| 11 | Alasdair Tatham | M50 | North East Masters AA | 28:58 |
| 12 | Mark Davis | M50 | Ireland | 29:01 |
| 13 | Huw Evans | M50 | Welsh Masters Athletics Limited | 29:07 |
| 14 | David Gardiner | M50 | Motherwell Athletics Club | 29:14 |
| 15 | Vivian Foley | M50 | Ireland | 29:24 |
| 16 | Roger Clark | M50 | Scottish Veteran Harriers Club | 29:25 |
| 17 | Nigel McKibbin | M50 | Northern Ireland Masters Athletic Association | 29:45 |
| 18 | Ciaran Diviney | M50 | Ireland | 29:50 |

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|----|-----------------|-----|---|-------|
| 19 | Paul Monaghan | M50 | Scottish Veteran Harriers Club | 29:53 |
| 20 | Mark Smith | M50 | Northern Ireland Masters Athletic Association | 30:04 |
| 21 | Richard Jones | M50 | Welsh Masters Athletics Limited | 30:33 |
| 22 | Alan Cunningham | M50 | Scottish Veteran Harriers Club | 30:34 |
| 23 | Mark Gallacher | M50 | Scottish Veteran Harriers Club | 30:40 |
| 24 | Thomas Mccorry | M50 | Northern Ireland Masters Athletic Association | 31:03 |
| 25 | David Curran | M50 | Northern Ireland Masters Athletic Association | 31:13 |
| 26 | Martin Willcox | M50 | Northern Ireland Masters Athletic Association | 31:57 |
| 27 | Jonathan Carter | M50 | Welsh Masters Athletics Limited | 32:04 |
| 28 | Jeremy Brown | M50 | Welsh Masters Athletics Limited | 32:44 |
| 29 | Geran Hughes | M55 | Welsh Masters Athletics Limited | 33:15 |
| 30 | Steven Davies | M50 | Welsh Masters Athletics Limited | 34:17 |

M55

| Position | Name | Age | Team | Performance |
|----------|------------------|-----|---|-------------|
| 1 | Pauric McKinney | M55 | Ireland | 28:31 |
| 2 | Jon James | M55 | South West Veterans AC | 28:36 |
| 3 | Andrew Leach | M55 | Eastern Masters AC | 28:43 |
| 4 | Ben Reynolds | M55 | Veterans AC | 29:19 |
| 5 | Simon Wright | M55 | Northern Masters AC | 29:32 |
| 6 | Eamon Murphy | M55 | Ireland | 29:41 |
| 7 | Paul Cowhie | M55 | Ireland | 29:55 |
| 8 | Francis Marsh | M55 | Ireland | 29:57 |
| 9 | James Austin | M55 | Scottish Veteran Harriers Club | 30:09 |
| 10 | Chris Upson | M55 | Cambuslang Harriers | 30:13 |
| 11 | Walter Henderson | M55 | Cumbernauld Amateur Athletics Club | 30:18 |
| 12 | Duncan Bell | M55 | Northern Ireland Masters Athletic Association | 30:28 |
| 13 | Stephen Hoey | M55 | Northern Ireland Masters Athletic Association | 30:45 |
| 14 | Neil Carty | M55 | Northern Ireland Masters Athletic Association | 31:23 |
| 15 | Colin Williams | M55 | Welsh Masters Athletics Limited | 31:32 |

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|----|----------------|-----|---|-------|
| 16 | Jeremy Mower | M55 | Welsh Masters Athletics Limited | 31:41 |
| 17 | Billy Reed | M55 | Northern Ireland Masters Athletic Association | 31:47 |
| 18 | David Williams | M55 | Welsh Masters Athletics Limited | 31:51 |
| 19 | Kevin Newberry | M55 | Cambuslang Harriers | 31:59 |
| 20 | Andy Bowen | M55 | Welsh Masters Athletics Limited | 32:54 |

M60

| Position | Name | Age | Team | Performance |
|----------|-------------------|-----|---|-------------|
| 1 | Stephen Watmough | M60 | Northern Masters AC | 29:40 |
| 2 | John Convery | M60 | Northern Masters AC | 30:09 |
| 3 | Kevin Griffin | M60 | Ireland | 30:48 |
| 4 | Mark Cursons | M60 | Veterans AC | 30:59 |
| 5 | Tommy Payne | M60 | Ireland | 31:08 |
| 6 | David Ogden | M60 | Veterans AC | 31:15 |
| 7 | Colin Feechan | M60 | Scottish Veteran Harriers Club | 31:25 |
| 8 | Gordon Jones | M60 | Welsh Masters Athletics Limited | 31:30 |
| 9 | Martin McLaughlin | M60 | Ireland | 31:35 |
| 10 | Norman Mawhinney | M60 | Northern Ireland Masters Athletic Association | 32:07 |
| 11 | Laurence Johnston | M60 | Northern Ireland Masters Athletic Association | 32:08 |
| 12 | Jeff Farquhar | M60 | Scottish Veteran Harriers Club | 32:12 |
| 13 | Declan McCarthy | M60 | Northern Ireland Masters Athletic Association | 32:52 |
| 14 | Paul Le Blanc | M60 | Northern Ireland Masters Athletic Association | 33:13 |
| 15 | David Thom | M60 | Scottish Veteran Harriers Club | 33:31 |
| 16 | Grant Matheson | M60 | Scottish Veteran Harriers Club | 33:50 |
| 17 | Rob Sheen | M60 | Welsh Masters Athletics Limited | 34:23 |

4 Race 4: M35-M45 - 2022-11-12

M35

| Position | Name | Age | Team | Performance |
|----------|----------------|-----|---|-------------|
| 1 | Steven McAlary | M40 | Northern Ireland Masters Athletic Association | 25:56 |
| 2 | John Craig | M35 | Northern Ireland Masters Athletic Association | 26:13 |

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|----|------------------------|-----|---|-------|
| 3 | Edward Chuck | M35 | Veterans AC | 26:20 |
| 4 | Shane Collins | M35 | Ireland | 26:39 |
| 5 | John Shine | M35 | Ireland | 26:42 |
| 6 | Conor McCauley | M35 | Ireland | 26:45 |
| 7 | Adam Stokes | M35 | South West Veterans AC | 26:47 |
| 8 | Colin Doherty | M35 | Scottish Veteran Harriers Club | 26:55 |
| 9 | Peter McGarry | M35 | Northern Ireland Masters Athletic Association | 27:10 |
| 10 | Jon Jo Doherty | M35 | Ireland | 27:13 |
| 11 | Christopher Hutchinson | M35 | Northern Ireland Masters Athletic Association | 27:17 |
| 12 | Luke Northall | M35 | Welsh Masters Athletics Limited | 27:19 |
| 13 | Joe Smith | M35 | Midland Masters AC | 27:19 |
| 14 | Daniel Bradley | M35 | Southern Counties Veterans AC | 27:22 |
| 15 | Chris Loudon | M35 | Scottish Veteran Harriers Club | 27:26 |
| 16 | Matthew Edmonds | M35 | Welsh Masters Athletics Limited | 27:28 |
| 17 | David Proctor | M35 | Northern Masters AC | 27:34 |
| 18 | Philip Goss | M35 | Northern Ireland Masters Athletic Association | 27:36 |
| 19 | Karl Nolan | M35 | Ireland | 27:54 |
| 20 | Owen Carleton | M35 | Northern Ireland Masters Athletic Association | 28:00 |
| 21 | David Ross | M40 | Scottish Veteran Harriers Club | 28:14 |
| 22 | Daniel Triggs | M35 | Welsh Masters Athletics Limited | 28:18 |
| 23 | Brian Conroy | M35 | Ireland | 28:24 |
| 24 | Stuart Gibson | M35 | Scottish Veteran Harriers Club | 28:26 |
| 25 | James MacLeod | M40 | Garscube Harriers | 28:41 |
| 26 | Andrew Cleverly | M35 | Welsh Masters Athletics Limited | 28:59 |
| 27 | Shaun Lyon | M35 | Scottish Veteran Harriers Club | 29:03 |

M40

| Position | Name | Age | Team | Performance |
|----------|----------------|-----|--------------------------------|-------------|
| 1 | Mark Doherty | M40 | Inverclyde Athletic Club | 26:08 |
| 2 | Paul Moloney | M40 | Ireland | 26:22 |
| 3 | Niall Shanahan | M40 | Ireland | 27:00 |
| 4 | John Kinsella | M40 | Ireland | 27:01 |
| 5 | Grant Baillie | M40 | Scottish Veteran Harriers Club | 27:12 |

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|----|-----------------------|-----|---|-------|
| 6 | Mike Houston | M40 | Scottish Veteran Harriers Club | 27:20 |
| 7 | Angus MacDomhnaill | M40 | Ireland | 27:25 |
| 8 | Robert Warner | M40 | Eastern Masters AC | 27:32 |
| 9 | Matthew Harvey | M40 | Swansea Harriers Athletics Club | 27:36 |
| 10 | Neil Phillips | M40 | Veterans AC | 27:41 |
| 11 | James Gahan | M40 | Ireland | 27:44 |
| 12 | Martin Cunningham | M40 | Ireland | 28:05 |
| 13 | Garry Morrow | M40 | Northern Ireland Masters Athletic Association | 28:06 |
| 14 | Ciaran McKendry | M40 | Northern Ireland Masters Athletic Association | 28:12 |
| 15 | Stephen Skates | M40 | Welsh Masters Athletics Limited | 28:21 |
| 16 | James Budde | M40 | Northern Ireland Masters Athletic Association | 28:22 |
| 17 | James Scott-Buccleuch | M40 | Northern Masters AC | 28:25 |
| 18 | Robert Russell | M40 | Central Athletic Club | 28:28 |
| 19 | Joel Gomes | M40 | Welsh Masters Athletics Limited | 28:30 |
| 20 | Gary Wallace | M40 | North East Masters AA | 28:42 |
| 21 | Owain Schiavone | M40 | Welsh Masters Athletics Limited | 28:50 |
| 22 | Christopher Devine | M40 | Scottish Veteran Harriers Club | 29:19 |
| 23 | Michael Barker | M40 | North East Masters AA | 29:19 |
| 24 | Lorcan Vallely | M40 | Northern Ireland Masters Athletic Association | 29:24 |
| 25 | Ben Butler-Madden | M40 | Welsh Masters Athletics Limited | 29:29 |
| 26 | Oliver Parry | M40 | Welsh Masters Athletics Limited | 30:00 |
| 27 | Craig Shields | M40 | Garscube Harriers | 30:17 |
| 28 | Simon Doyle | M45 | Northern Ireland Masters Athletic Association | 30:26 |
| 29 | Rob Elmore | M40 | Eastern Masters AC | 30:29 |
| 30 | Stephen Jamison | M40 | Northern Ireland Masters Athletic Association | 31:11 |

M45

| Position | Name | Age | Team | Performance |
|----------|------------------|-----|---|-------------|
| 1 | Brian Maher | M45 | Ireland | 26:05 |
| 2 | Declan Reed | M45 | Ireland | 26:54 |
| 3 | Ciaran McGonagle | M45 | Ireland | 27:02 |
| 4 | Brian McElvanna | M45 | Northern Ireland Masters Athletic Association | 27:28 |
| 5 | Jan Bailey | M45 | Midland Masters AC | 27:30 |

| | | | | |
|----|------------------|-----|---|-------|
| 6 | Andrew Davis | M45 | Scottish Veteran Harriers Club | 27:45 |
| 7 | Mike Burrett | M45 | Northern Masters AC | 27:50 |
| 8 | Andy Bond | M45 | Veterans AC | 27:58 |
| 9 | Paddy O'Toole | M45 | Ireland | 28:02 |
| 10 | Phillip Tedd | M45 | Northern Masters AC | 28:03 |
| 11 | Dermot McElchar | M45 | Ireland | 28:23 |
| 12 | Martin McKenna | M45 | Northern Ireland Masters Athletic Association | 28:25 |
| 13 | John Kettle | M45 | Veterans AC | 28:27 |
| 14 | Simon Lewis | M45 | Welsh Masters Athletics Limited | 28:29 |
| 15 | Kieran Scullion | M45 | Northern Ireland Masters Athletic Association | 28:33 |
| 16 | David Kirwin | M45 | Ireland | 28:35 |
| 17 | Chris Callaghan | M45 | Welsh Masters Athletics Limited | 28:46 |
| 18 | Mark Jennings | M45 | Welsh Masters Athletics Limited | 28:55 |
| 19 | Gareth Lyons | M45 | Northern Ireland Masters Athletic Association | 29:06 |
| 20 | Alex Gibbins | M45 | Southern Counties Veterans AC | 29:15 |
| 21 | Neil Lafferty | M45 | Scottish Veteran Harriers Club | 29:27 |
| 22 | John Coyle | M45 | Scottish Veteran Harriers Club | 29:38 |
| 23 | Justin Carter | M45 | Scottish Veteran Harriers Club | 29:51 |
| 24 | Gordon Barrie | M50 | Scottish Veteran Harriers Club | 30:01 |
| 25 | Allan Cameron | M50 | Scottish Veteran Harriers Club | 30:04 |
| 26 | Martin Green | M45 | Welsh Masters Athletics Limited | 30:13 |
| 27 | Connaire McVeigh | M45 | Northern Ireland Masters Athletic Association | 30:24 |